

# Emotional Maturity among Secondary School Students and Post Graduate Students

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## ABSTRACT

The aim of the present study to investigate the mean difference between the emotional maturity of the secondary school student and post graduate student. The sample of 60 school students and 60 PG students totally 120 students are selected from Amreli and Rajkot cities. The emotional maturity scale developed by Roma pal (1988) used for data collection. Statistic analysis was done by 't' test. The results show that emotional maturity of PG students is greater than the secondary school students. It is also greater in secondary school students of male than in the secondary school students of female. Emotional maturity of the PG students of the male is greater than the PG students of the female.

**Keywords :** Emotional maturity, S.S.Student and PG Student.

## I. INTRODUCTION

Emotions are very important in our life. Emotions brings color in our life. According to wood worth, 'Emotion is a stirred up state of the individual. We cannot imagine human being without emotions. Emotions are very important in moments of emergency. So that according to Burn Heart 'Emotions are one kind of Emergency Equipment.

According to H.B.English "Emotion is a complex way of behaving in which the various component are integrated about the internal reaction. Emotions are divided in two kinds, positive emotions and negative emotions. Positive emotions like love, joy etc.takes human life in very adjective way, whereas negative emotions like jealousy, anger etc. brings maladjustment in human life. It is very important that positive and negative emotion must be balanced in life situations.

Emotional maturity is important for healthy emotional development. According to Volter D.

Smithson(1947), 'Emotional maturity is one kind of process in which person make himself more mature in emotional condition. Emotional maturity related with interpersonal and psychological factor. In short emotional maturity is one kind of control upon over emotions.

H.L. Hollingworth gave characteristics of emotional mature person. Horace English, Jersild and Frances Homb gave suggestion for emotion control. Lack of emotional maturity creates many kind of problems in human life especially in youth. Because of less emotional maturity youth sufferers from many kind of problems. Like maladjustment with other and etc. They don't know how to cope up in emergency situation.

Today's youth suffering from many kind of psychological problems like anxiety, depression, hostility, less feeling or over reaction to situation, maladjustment etc. because or less emotional maturity. They cannot take proper decision in critical situation. They have not fix aim or goal in their life.

## II. Review of literature

Jadab Dutta, Dr. Pranab Chetia and J.C. Soni (2013) in a study entitled "A comparative study on emotional maturity of secondary school students in Lakhimpur and Sonitpur districts of Assam" The findings of the study reported that there was not any significant difference in various areas of emotional maturity of government and private school students, no significant difference in the emotional maturity level of boys and girls school students, and there is no significant difference between in the emotional maturity level of rural and urban secondary school students of districts of Assam.

Krishan Lal (2014) in a study entitled "Emotional maturity, self confidence and academic achievement of adolescents in relation to their gender and urban-rural background" The findings we can conclude that the male adolescents are difference on emotional maturity as compared to female adolescents, female adolescents are higher on self confidence in comparison to male adolescents. The urban and rural adolescents show similarity on emotional maturity but there is difference in self confidence.

K. Subbarayan, G. Visvanathan (2011) in a study entitled "Adjustment on emotional maturity of college students" The findings indicate the significant difference between the male and female college students, Hindu and Muslim students, other community and backward community students. There is no significant difference between joint family and nuclear family of college students.

Bharti Sharma (2012) in a study entitled "Adjustment and emotional maturity among first year college students" The results indicated that the first year under graduate students were less emotional maturity and had difficulty in adjusting emotionally and socially to the changing demands of the environment and faced more academic difficulty as compared to final year students.

## Objective of study:

The study of the emotional maturity among the secondary school students and PG students of male and female.

## Hypothesis:

- (1) There is no significant difference between the means score of emotional maturity of the secondary school students and PG students.
- (2) There is no significant difference between the means score of emotional maturity of the secondary school student of male and female.
- (3) There is no significant difference between the means score of emotional maturity of the PG student of male and female.

## III. Research methodology

### Sample:

The sample was purposively selected 120 students of secondary school students and PG students of Amreli and Rajkot cities. The sample of this study consisted of 60 male and female of secondary school students and 60 male and female of PG students. The random sampling technique was used for this study.

### Data collection tools:

In this study 'Emotional maturity Scale' developed by Roma Pal (1988) was used to measure emotional maturity of student. This scale consisted of 40 items which includes five factors of emotional maturity. Reliability score was 0.77 found by test retest method. 0.80 was its validities and correlation score was 0.84.

### Statistical Analysis:

To analyze the achieved data, the following statistical devices were used mean, standard deviation and 't' test.

## IV. Result and Discussion

The objective of present research study was to measure emotional maturity of secondary school

students and PG students. The collected data is given in the following table.

**Table – 1.** ‘t’ test of the scores of emotional maturity of secondary school students and PG students

Type of Student	Sample	Mean	SD	‘t’ test	Significant Level
S.S. Student	60	129.06	16.98	2.37	0.05
P.G. Student	60	122.61	17.44		

Sig. Level 0.05 = 1.98

Sig. Level 0.01 = 2.62

By using information given table-1 null hypotheses were examined by ‘t’ test. When ‘t’ value is 2.37. Which is significant at 0.05 level. That’s why here null hypotheses are not accepted. So, difference in emotional maturity of secondary school students (129.06) and PG students (122.61). The mean of the scores of emotional maturity of secondary school students is higher than that of the PG students. So, emotional maturity of PG students is higher than that of the secondary school students.

**Table -2.** ‘t’ test of the scores of emotional maturity of secondary school students of male and female students

Type of Gender	Sample	Mean	SD	‘t’ test	Significant Level
Male Student of S.S.	30	118.45	14.86	2.20	0.05
Female Student of S.S.	30	126.78	18.75		

Sig. Level 0.05= 1.98

Sig. Level 0.01= 2.62

Table-2 shows the mean score of emotional maturity of male and female students of secondary school are 118.45 and 126.78 respectively. ‘T’ test is found 2.20, which at the level of significance show the difference of 0.05. That’s why is can be said that the mean of the score of emotional maturity of female students of secondary school is higher than that of the male students. That’s why the fact of hypothesis is unaccepted and it can be said that there is a significant difference between the emotional maturities of male and female students of secondary school. Emotion maturity of male students is higher than that of the female students.

**Table -3.** ‘t’ test of the scores of emotional maturity of post graduate students of male and female students

Type of Gender	Sample	Mean	SD	‘t’ test	Significant Level
Male Student of P.G.	30	122.1	13.03	4.03	0.01
Female Student of P.G.	30	136.03	17.60		

Sig. Level 0.05= 1.98

Sig. Level 0.01= 2.62

Table-3 shows the mean score of emotional maturity of male and female students of post graduate are 122.1 and 136.03 respectively. ‘T’ test is found 4.03, which at the level of significance show the difference of 0.01. That’s why is can be said that the mean of the score of emotional maturity of female students of post graduate is higher than that of the male students. That’s why the fact of hypothesis is unaccepted and it can be said that there is a significant difference between the emotional maturities of male and female students of post graduate. Emotion maturity of male students is higher than that of the female students.

## V. Conclusion

- (1) Post graduate students are more emotional maturity than secondary school students.
- (2) Emotional maturity of secondary school of male students is higher than that of the female students.
- (3) Male students of post graduate are more emotionally mature than female students of post graduate.

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