

Study of Social Skill among High School Students In Relation to their type of Institutions

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ABSTRACT

Education makes an individual civilized, refined, cultured, educated. Social skills mainly help in building necessary character traits like respectfulness, responsibility, trustworthiness, fairness, caring, and citizenship. It is important for us to be able to interact with clarity in order to bring fruitful result. In this paper, the investigator investigated level of Social Skills among high school students and relationship between their types of institutions. In this research, 50 Govt. and 50 Private school students were examined. The study revealed that there is positive co related in social skill among Govt. and Private school students.

Keywords: Education, Social Skill, Govt. school and Private school students

I. INTRODUCTION

The educational system of any nation reflects its prosperity which has been universally accepted. Quality and progress of a nation depends upon the quality of its people and economic growth and both these depend upon quality of education imparted to its people. Without education generally, one cannot live like an efficient human being. It is essential both for the growth of the society as well as for the individual development. Hence education has become the social mission across the world. The comprehensive development of human personality is the main objective of education. The major component of personality development is effective social skills. Social skills are the tools that helps an individual to communicate, learn, ask for help, get his needs met in appropriate ways, get along with others, make friends, develop healthy relationships, and generally be able to interact with the society harmoniously. Social skills mainly help in building necessary character traits like respectfulness, responsibility, trustworthiness, fairness, caring, and citizenship.

SOCIAL SKILLS:

Social skills are one of the important factors of social and psychological development of a child. Acquiring and developing social skills are one of the important characteristics from the period of childhood. It's allowing us to interact well with others in order to understand each other and to be understood. Without this established social way of interaction, it really becomes very difficult to avoid misunderstandings. It is important for us to be able to interact with clarity in order to bring fruitful result. Social skills include- Way of greeting someone, turn- taking in conversation, skills involved in maintaining conversation and engaging in eye contact etc. Communication plays a vital role in improving social skills. It includes verbal and non- verbal components. Walker (1983) defines social skills as "a set of competencies that allow an individual to initiate and maintain positive social relationships, contribute to peer acceptance and to a satisfactory school adjustment, and allow an individual to cope effectively with the larger social environment". The children with social skills find more pleasure in activities they participate and can take their

decisions on their own. However, the children who lack adequate social skills might be excluded by their friends. Humans communicate with each other through the skills which are defined as social skills. In addition to maintaining social order, psychological health of the people and establishing healthy relationships with other people depend on their social skills. Acquisition of social skills and knowledge of the new culture is therefore crucial for foreign residents to reduce feeling of incompetence in the initial stage of cross-cultural contacts (Moghaddam et al.1993).

CHARACTERISTICS OF SOCIAL SKILLS -

- ✓ They involve overt, observable behaviours, as well as covert problem-solving skills. Social Skills are goal directed.
- ✓ Social Skills should be appropriate to the situation of communication.
- ✓ Different Social Skills will be used for professional and personal communication.
- ✓ Social Skills can be taught, practiced and learned.
- ✓ Social Skills can be identified, as certain types of behaviour where by an individual
- ✓ can be judged how socially skilled he/she is.
- ✓ Social Skills are complex in nature. They involve overt, observable behaviours, as well as covert problem-solving skills.

REVIEW OF RELATED LITERATURE

According to John W. Best “Practically all human knowledge can be found in books and libraries. Unlike other animals that must start a new with each generation, man builds upon the accumulated and recorded knowledge of the past .His constant adding to the vast store of knowledge makes possible progress in all area of human endeavor.”

✚ Snape (2005) studied use of feedback from sighted peers in promoting social interaction skills. A boy who was visually impaired was trained to self-evaluate his social interaction, and a sighted peer was trained to provide relevant feedback to the boy through verbal reinforcement by the researcher. This feedback enhanced the boy’s

social interaction with his sighted peers, improved certain aspects of his social behaviour, and increased the accuracy of his self- evaluation for behaviours that require visual cues.

✚ Daragad & Lakshmi (2013) conducted a study on “Social Skills and Behavior of School Children in Dharwad District” to assess social skills and behavior of school going students. 72 students of age group 6-12 years of government schools were selected for the study. For statistical analysis, t-test and correlation were used. The study revealed that there was no significant difference between the social skills and behavior of the respondents. Also found that the two aspects, social skills and behavior, are independent and do not influence each other. There is the need for enhancing the social skills and behavior of school going children for better peer acceptance and adjustment through an intervention program.

✚ Mami & Zad (2014) investigated the effect of Internet Addiction on Social Skills and in High School Students' Achievement. The findings showed that Internet addiction could at a significant level predict social skills and educational achievement, that is, the higher the scores for internet addiction, the lower the social skills and educational achievement. Moreover, there was no significant difference between boys and girls with regard to internet addiction.

RESEARCH METHODOLOGY:

The present study does not deal with the past, nor is concerned with what will happen if certain variables are manipulated and, therefore, it does not use the historical or experimental method. The present investigation mainly uses the descriptive method to study the relationship of Social Skills among High School Students in relation to their type of Institutions.

POPULATION AND SAMPLE

A Sample is a limited amount of something which is planned to be similar to and represent a larger amount of that thing. It is a fundamental aspect of the

scientific procedure. So the concept of sampling has been introduced with a view of making research findings economical and accurate. Keeping this in view, a sample of total 100 Students of Rohtak district through random sampling technique have been taken for the investigation of the present study.

OBJECTIVE OF THE STUDY

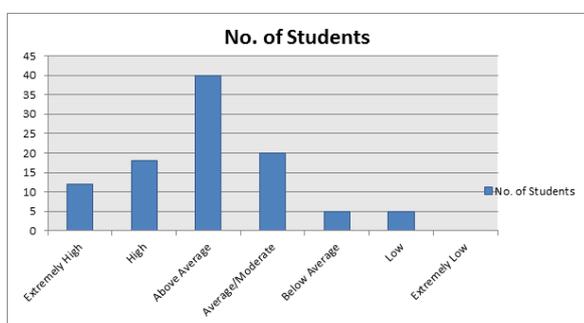
- ✓ To assess the level of Social Skill among High School Students.
- ✓ To find out relationship between of Social Skill among High School Students in relation to their types of Institutions.

INTERPRATATION AND ANALYSIS

Obj.1.To assess the level of social skill among High School Students.

Table 1

Sr. No.	Range of Z- score	No. of Students	Grade	Level of Social Skill Rating
1.	+2.01 and above	12	A	Extremely High
2.	+ 1.26 to +2.00	18	B	High
3.	+0.51 to + 1.25	40	C	Above Average
4.	-0.50 to +0.50	20	D	Average/Moderate
5.	- 0.51to -1.25	05	E	Below Average
6.	-1.26 to -2.00	05	F	Low
7.	-2.01 and below	00	G	Extremely Low



Interpretation: It is depicted from the Table that only 12 students are having extremely high level of social skills. On the other hand 18 students have high level of social skills. Maximum number of students lies in average category and their number is 40. Remaining students have low level of social skills. Thus we can conclude that there is a need to enhance their Social Skills through curriculum among the High School Students.

HYPOTHESIS OF THE STUDY

There is no significant relationship between Social Skill among High School Students in relation to their type of Institutions.

TOOL USED

Social Skill Rating Scale developed by Sood, Anand & Kumar (2006)

Obj. 2. To find out relationship between of Social Skill among High School Students in relation to their types of Institutions.

Table 2

Variables	N	Mean	r-value	Level of significance	Remarks
Govt. School Students	50	81.385	0.141	0.139 at 0.05 level of Significance	Highly co related

Interpretation: It is evident from the table that relationship between social skills among High school students in relation to their type of institutions is

highly co-related. The calculated 'r' is 0.141 which is greater than the critical value of co- relation i.e. 0.139 at 0.05 level of significance. So the hypothesis **"There is no significant relationship between Social Skill among School Students in relation to their type of Institutions"** is retained. The result shows that there is a high positive co- relation of Social Skill among Govt. and Private school students.

EDUCATIONAL IMPLICATIONS:

- Teachers should provide opportunities to the students for expressing their thoughts freely in order to enhance social skills.
- A better environment should be provided to the students so that they can feel free to express their views.
- Social skills should not be neglected by the teachers and the parents.
- Different activities should be organized timely in the school so that the students will get the chance to enhance their social skills through these activities.
- Create curiosity and inventiveness in the minds of the student. This would make them to react on different social issues.
- Curriculum should be framed with plenty of opportunities for social behaviour.

II. CONCLUSION

The study in hand examined the social skills among high school students in relation to their type of institutions. The social skills are found to be normally distributed among students in the study. It shows that social skills are universally widespread and each and every child has some degree of social skills. It is the responsibility of the teachers and parents to develop and stimulate social skill as early as possible in childhood, when students can still express them freely. The teachers should design activities that will allow the child to express himself freely and help him to contribute something personal & valuable to the learning process. The teacher should establish an appropriate atmosphere in the classroom that will

give each pupil the opportunity to enhance his/ her social skills. So, it is important to develop these skills in children, to motivate them so that they can respond favorably when faced with new situations and innovative ideas, while at the same time encouraging them to behave in a spontaneous, imaginative and original way.

This study concluded that social skills are influenced by type of institutions of the students. So, social skills in children will flower only when there is proper studying. Psychologists and educationists all over the world are now more optimistic. It is known that good parental care, good nutrition, early stimulus and a stimulating environment are most likely to increase the social skills and help talent hunting and harnessing it among children to the maximum. It is hoped that the findings can help the students, teachers, school administrators, parents and the Government and can act as a guide in the programmes organized within or outside school in order to instill good environment and high social skills.

III. REFERENCES

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