

# **Evaluation and Validation of Computed Tomography Dose**

Accuracy (CTDI<sub>w</sub> AND CTDI<sub>vol</sub>)

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## ABSTRACT

Weighted and average dose within a scan volume of a phantom have been evaluated and validated using two different devices and techniques. The Barracuda electrometer and Ion Chamber techniques were applied on a 16 slice Siemens CT scanner and the results compared to the console displayed CTDI<sub>w</sub> and CTDI<sub>vol</sub> values for accuracy and compared to each other for validation purposes. With fixed exposure parameter of 130kVp and varying tube current-time products from 140mAs to 300mAs for the CT head phantom examination, there were varying deviations in both the CTDI<sub>w</sub> and CTDI<sub>vol</sub> from the two techniques. Tube currents of 140 mAs, 240 mAs and 300 mAs yielded 3.5%, 0.61% and -6.45% deviations when the respective CTDI<sub>vol</sub> values for both techniques were compared. There were mean CTDI<sub>vol</sub> of ( $42.3 \pm 8.6$ ) mGy and ( $42.1 \pm 8.1$ ) mGy for Barracuda and Ion Chamber techniques respectively with an average deviation of 1.4 mGy between them, when the tube current-time products ranging from 80mAs – 220mAs were used for the CT body phantom examination and mean CTDI<sub>w</sub> measured were ( $16.6 \pm 6.7$ ) mGy and ( $16.5 \pm 7.7$ ) mGy for Barracuda and Ion Chamber techniques respectively with an average deviation of 1.0 mGy between them. The results of the study showed that the deviations from the techniques were within a range of CTDI<sub>w</sub> and CTDI<sub>vol</sub> values which were favorably comparable to other similar retrospective research works, thus, the Ion Chamber technique can be used in place of the technique currently in use.

**Keywords:** Computed Tomography Dose Index (CTDI), Exposure (X), Dose Profiler Probe, Temperature and Pressure Correction Factor ( $P_{TP}$ )

### I. INTRODUCTION

Computed tomography (CT) also known as computed axial tomography (CAT) was invented and introduced into clinical use in the 1970s. By then, it was considered as the most advanced machine since the development of x-ray machine [1]. CT procedures consist of exposures from multiple rotation of the radiation source and the total dose to the irradiated volume is the accumulated dose from the adjacent scans [2]. Multiple scan average dose (MSAD) is one name used for the accumulated dose; it is the dose from a multiple scan examination that is averaged over a single scan interval in the central portion of the multiple-scan dose profile [2]. Thermoluminescent dosimeters (TLDs) or film are used in measuring MSAD but both require considerable time for the measurement due mainly to the difficulty in calibration, reading and handling.

Shope et al., [3] introduced the idea of Computed Tomography Dose Index (CTDI) which they defined as the integral of the single scan radiation dose profile along the z-axis that is normalized to the thickness of the imaged section. With corrections to scan spacing, they showed that CTDI can estimate MSAD in a standardized and convinient manner. CTDI is a volume-averaged measure [3][4]. CTDI can be measured using a 100-mm long pencil ionizatIon chamber and denoted  $\text{CTDI}_{100}$  [5]. The ionization chamber is placed in the CT head and body phantom and the CTDI is measured in the axial scan mode for an individual rotation of the x-ray source. Measurements of dose are taken at the center and at the periphery of the phantom and combined using a weighted average (CTDI<sub>w</sub>) to give a single estimate of the radiation dose to the phantom. CTDI<sub>vol</sub> represents radiation output from the CT scanner to the phantom; CTDI<sub>vol</sub> measured in the CT head phantom is a reference to head CT and pediatric body CT in some cases and CTDI<sub>vol</sub> measured in CT body phantom is used as a reference to adult CT in the body (chest, abdomen and pelvis) and can as well serves as a reference to the pediatric body CT [6].

In the event when a screen-film is exposed to too much radiation, there is a visual indication of excessive patient dose on the film. Unlike screen-film, CT images never look overexposed, as the modality provides image of normalized tissue attenuation values with often better image if excessive radiation is used. In computed and digital radiography which has a similar case to CT, overexposure will reduce image noise and mostly happen without the awareness of the operator, as radiologists do not often care about image noise being too low [2]. Hence, without dose measurements, the CT operator or user lacks the visual indications that are required to correctly adjust the tube potential or tube current-time product in avoidance of excessive patient dose.

Currently in Ghana, the available means of measuring the CT dose is by the use of Barracuda connected with Ocean Software which automatically estimate the CTDI values when the specified tube potential and tube current-time product are entered in the system. The Barracuda technique has been in use for quite some time in Ghana now.

With the acquisition of a new PTW Ion Chamber and electrometer by Ghana Atomic Energy Commission (GAEC), there is the need to therefore assess and validate the CTDI values obtained from the Barracuda equipment. The new equipment obtained by GAEC records charges during CT procedure and with the use of formalisms from the American Association of Physicists (AAPM) in Medicine Report 96 in 2008, the charges can be converted to exposure and subsequently to dose in air. This validation is needed to give an indication of whether or not the CTDI values obtained from the Barracuda and the new technique falls within the acceptable ranges and whether or not either one can be used in the absence of the other. To our knowledge in Ghana, there has not been any study to validate the CTDI values obtained by using the Barracuda equipment due mainly to lack of alternative device and technique. It is therefore pertinent to assess and validate CTDI values by using these two different techniques.

#### **II. METHODS AND MATERIAL**

The materials that were used for this research work included;

- 16 slice Siemens CT scanner (Siemens Somatom Emotion, Forchheim, Germany)
- Standard CT dosimetry PMMA cylindrical acrylic head and body phantoms (PTW, Freighburg, Germany)
- 100-mm pencil Ion Chamber with integrated electrometer (PTW Freighburg, Germany)
- CT Dose Profiler Probe (RTI Electronics, Sweden)
- Barracuda with Ocean Software interface (RTI Electronics, Sweden)

The study begun by setting up the CT head phantom on the CT couch. The head phantom was positioned at the isocenter of the CT scanner and the long axis of the head phantom was aligned with the z-axis of the scanner.

#### Dose Measurement with the PTW Ion Chamber

The PTW Pencil Ion Chamber connected to an electrometer with a cable was placed in the central hole of the head phantom. Two horizontal lasers in the CT room were adjusted to be visible on the mid-line of the Ion Chamber and a vertical laser was also set to be visible at the middle of the phantom. This was done to properly align the phantom and the chamber on the couch.

The cable connecting the Ion Chamber and the electrometer was tapped on the couch to prevent dislodging of the Ion Chamber from the phantom. The CT room was locked for radiation protection reasons. A topogram of the head phantom was taken and the required volume was selected. Parameters such as tube potential, tube current and slice thickness were selected whiles other parameters were kept constant for the examination. A tube potential of 130kVp, tube currenttime product of 240mA, pitch of 0.55 and slice thickness of 4mm were selected for the first scan. Measurements O'clock as well which can also be represented as P1, P2, P3 and P4 respectively. The procedure was repeated with different values of tube current-time product but with all other parameters constant. Tube currents of 220mA, 240mA, 260mA and 280mA were used in the procedure for the CT head phantom scan. Different values were chosen to provide range of data that can be analyzed to check the validity of the dose measuring techniques. Parameters used for the examination can be found in Table 1.

Examination	KVp	mAs	Slice Thickness (mm)	Pitch
Head	130	120	4	0.55
Body	130	80	5	0.8
Head	130	140	4	0.55
Body	130	100	5	0.8
Head	130	160	4	0.5
Body	130	120	5	0.8
Head	130	180	4	0.55
Body	130	140	5	0.8
Head	130	200	4	0.55
Body	130	160	5	0.8
Head	130	220	4	0.55
Body	130	180	5	0.8

Table 1: Scan Parameters used for the CT examination

Head	130	240	4	0.55
Body	130	200	5	0.8
Head	130	260	4	0.55
Body	130	210	5	0.8
Head	130	280	4	0.55
Body	130	220	5	0.8
Head	130	300	4	0.55

After the head phantom measurements were done, the procedure was repeated for the CT body phantom. Charges were measured and recorded in each scan. The charges measured and recorded from the electrometer were used to estimate CTDI values in the study with the use of integral and other mathematical equations.

The electrometer readings were taken in charge mode and corrected for temperature and pressure. Equation [1] was needed for temperature and pressure correction, but the temperature of 25 degree-celcius and 100.56 mmHg recorded in the experimental room was within a range specified by the Ion Chamber manufacturer where there was no need for temperature and pressure correction. The charges recorded from the electrometer has been shown in Tables 2 and 3.

$$P_{TP} = \frac{273.2 + T}{273.2 + 22} * \frac{101.33}{P} \tag{1}$$

Where,

T – Temperature measured in the study room P – Pressure in the room  $P_{TP}$  – correction for pressure and temperature

Table 2: C	Charges rec	corded during	the PTW	Ion	Chamber	Techniqu	ıe

	Charges recorded for CT head phantom examination from PTW electrometer										
	S		Recorded Charges								
ł kVp	∕m gu	Centr	al (C) Cl	Periph [n	ery (1) Cl	Periphery	(2) C]	Periphery	(3) C]	Periphery	(4) Cl
Fixed	aryiı			[							
[	Λ	1	2	1	2	1	2	1	2	1	2
130	140	0.1314	0.1314	0.1613	0.1617	0.1626	0.1630	0.1638	0.1638	0.1634	0.1634
130	160	0.1320	0.1320	0.1620	0.1624	0.1633	0.1637	0.1646	0.1646	0.1641	0.1641
130	180	0.1478	0.1478	0.1814	0.1819	0.1829	0.1834	0.1843	0.1843	0.1838	0.1838
130	200	0.1541	0.1541	0.192	0.1950	0.1941	0.1950	0.1956	0.1956	0.1952	0.1952
		0.1643	0.1643	0.2016	0.2021	0.2032	0.2037	0.2048	0.2048	0.2043	0.2043

130	220										
130	240	0.1807	0.1807	0.2218	0.2223	0.2235	0.2241	0.2253	0.2253	0.2247	0.2247
130	260	0.1971	0.1971	0.2419	0.2426	0.2438	0.2445	0.2458	0.2458	0.2451	0.2451
130	280	0.2135	0.2135	0.2621	0.2628	0.2642	0.2649	0.2662	0.2662	0.2655	0.2655
130	300	0.2300	0.2300	0.2822	0.2830	0.2845	0.2852	0.2867	0.2867	0.2860	0.2860

Table 3: Charges recorded during the PTW Ion Chamber Technique

			Cha	rges record	ed for CT l	oody phanto	om examina	tion from P	TW electro	meter		
	s	_					Recorded	l Charges				
۲p	mA	atio		U U								
ed l	ing	nin	Centr	al (C)	Periph	ery (1)	Periph	ery (2)	Periph	ery (3)	Periph	ery (4)
Fix	ary	xar	[n	C]	[n	C]	[n	C]	[n	C]	[n	C]
	Ň	E	1	2	1	2	1	2	1	2	1	2
130	80	А	0.0665	0.0670	0.0885	0.0880	0.0885	0.0885	0.0875	0.0875	0.0880	0.0880
130	100	А	0.0899	0.0899	0.0940	0.0938	0.0942	0.0942	0.0944	0.0946	0.0938	0.0938
130	120	А	0.1079	0.1079	0.1128	0.1126	0.1130	0.1130	0.1133	0.1135	0.1126	0.1126
130	140	А	0.1271	0.1271	0.1328	0.1327	0.1330	0.1328	0.1329	0.1329	0.1331	0.1330
130	160	C	0.1500	0.1500	0.1860	0.1862	0.1862	0.1859	0.1859	0.1865	0.1860	0.1861
130	180	C	0.1688	0.1688	0.2093	0.2095	0.2095	0.2091	0.2091	0.2098	0.2093	0.2094
130	200	С	0.1875	0.1875	0.2325	0.2328	0.2328	0.2324	0.2324	0.2331	0.2325	0.2326
130	210	Р	0.2410	0.2410	0.3150	0.3152	0.3150	0.3152	0.3148	0.3148	0.3154	0.3152
130	220	Р	0.2560	0.2560	0.3300	0.3300	0.3310	0.3311	0.3310	0.3312	0.3315	0.3315

The charges were converted into Exposure (rad) using equation (2).  $\text{CTDI}_{100}$ ,  $\text{CTDI}_{w}$  and  $\text{CTDI}_{vol}$  were then estimated using equations [3], [4] and [5] respectively from AAPM Report 96.

$$X(rad) = \frac{Q}{m_{air}}(C/kg) = \frac{Q}{m_{air}} \cdot \frac{1}{2.58 \times 10^{-4}}(R) \cdot f_{med}(rad/R)$$
(2)

$$CTDI_{100} = \frac{X(rad) \cdot C_f \cdot L(mm)}{N \cdot T(mm)}$$
(3)

$$CTDI_{w} = \frac{1}{3}CTDI_{100}^{centre} + \frac{2}{3}CTDI_{100}^{periphery}$$
(4)

$$CTDI_{vol} = \frac{CTDI_{w}}{p_f}$$
(5)

where,

Q represents charges recorded in coulombs  $f_{med}$  represents [exposure to dose conversion factor] = 0.78 rad/R,

 $C_{f}$  represents [Electrometer/Ion Chamber calibration factor] = 1

L represents [Ion Chamber length] = 100 mm,

T = width of one slice or tomographic selection,

N represents [number of slices or tomographic sections imaged in a single axial scan] = 16,

X represents [Estimated exposure] = Q/m

 $P_{\rm f}$  = Pitch factor used

 $m_{air}$  represents [mass of air irradiated] =  $\rho_{air} \times v_{air}$   $\rho_{air}$  represents [density of air at standard temperature and pressure] = 1.293 kg/m3  $v_{air}$  represents [vol. of irradiated air for single slice] = (slice thickness/100 mm) ×  $v_c$  $v_c$  represents [vol. of Ion Chamber] = 3.14 cm<sup>3</sup> = 3.14 ×

 $v_c$  represents [vol. of Ion Chamber] = 3.14 cm<sup>3</sup> = 3.14 ×  $10^{-6}$  m<sup>3</sup>

#### Dose Measurements with the RTI Dose Profiler Probe and Barracuda

A CT Dose Profiler Probe was connected to a Barracuda with an extension cable and the Barracuda was subsequently connected to a computer which had the Ocean Software interface. The Dose Profiler probe was placed in the middle hole of the CT head phantom. The horizontal and vertical lasers were used for proper alignment just like in the set-up with the Ion Chamber. The cable was tapped to prevent dislodging of the probe from the phantom in this set up too.

The same procedure and parameters as used for the dose measurements with the Ion Chamber were used for the dose measurements with the dose profiler. After taken measurements for the head phantom, the procedure was repeated for body phantom measurements as well. The Dose-Length Products, Computed Tomography Dose Index weighted (CTDI<sub>w</sub>) and volume Computed Tomography Dose Index (CTDI<sub>vol</sub>) were automatically generated by the Barracuda in each scan. The experimental set-up of the dose measurements with the dose profiler probe has been shown with Figure 1



Figure 1: Experimental set-up for the measurement of CTDI with the dose profiler probe [Field work, 2016]

#### **III. RESULTS AND DISCUSSION**

# A. Measurement of CTDI with the Ion Chamber Technique

Some of the charges recorded during the acrylic CT head and body PMMA phantom examination with the use of the Ion Chamber in the study and their subsequent calculated exposure,  $\text{CTDI}_{w}$  and  $\text{CTDI}_{vol}$  values using mathematical expressions has been shown in 4 and 5 below.

Table 4: CTDI values for head phantom at 130kVp and 140mAs

	Charge	Expo	sure	
				CTDI <sub>100</sub>
	$Q_{avg}(nC)$	X (C/kg)	X (rad)	
Central				
(C)	0.1314	0.000809	2.4464	1.5290
Periphery				
( <b>P</b> <sub>1</sub> )	0.1615	0.000994	3.0064	1.8790
Periphery				
(P <sub>2</sub> )	0.1628	0.001002	3.0302	1.8939
Periphery				
(P <sub>3</sub> )	0.1638	0.001009	3.0501	1.9063
Periphery				
(P <sub>4</sub> )	0.1634	0.001006	3.0421	1.9013
	CTDI <sub>100c</sub>	CTDI <sub>100p</sub>	<b>CTDI</b> <sub>w</sub>	<b>CTDI</b> <sub>vol</sub>
	(rad)	(rad)	(mGy)	(mGy)
	1.5290	1.8951	17.7308	32.2378

Table 5: CTDI values for body phantom at 130kVp and 80mAs (Abdomen scan)

	Charge	Expo	sure	
	$Q_{avg}(nC)$	X (C/kg)	X (rad)	CTDI <sub>100</sub>
Central				
(C)	0.0668	0.000411	1.2426	0.6213
Periphery				
( <b>P</b> <sub>1</sub> )	0.0883	0.000543	1.6429	0.8214
Periphery				
(P <sub>2</sub> )	0.0885	0.000545	1.6475	0.8238
Periphery				
(P <sub>3</sub> )	0.0875	0.000539	1.6289	0.8145
Periphery				
(P <sub>4</sub> )	0.0880	0.000542	1.6382	0.8191
	CTDI <sub>100c</sub>	CTDI <sub>100p</sub>	<b>CTDI</b> <sub>w</sub>	<b>CTDI</b> <sub>vol</sub>
	(rad)	(rad)	(mGy)	(mGy)
	0.6213	0.8197	7.5356	9.4196

#### **B.** Measurements of CTDI with CT Dose Profiler Probe and Barracuda Technique

The CTDI values obtained from the Barracuda technique for the radiation dose measurement for the CT head and body phantoms can be found in Tables 6 and 7 respectively.

kVp	mAs	<b>CTDI</b> <sub>w</sub>	<b>CTDI</b> <sub>vol</sub>
		(mGy)	(mGy)
130	140	17.60	32.9
130	160	18.50	33.4
130	180	18.95	34.5
130	200	20.44	37.2
130	220	22.53	41.0
130	240	24.55	44.6
130	260	26.40	50.7
130	280	27.86	51.4
130	300	29.12	53.0

Table 6: CTDI values for head phantom at 130kVp and varying mAs

Table 7: CTDI values for body phantom at 130kVp and varying mAs

kVp	mAs	Examination	<b>CTDI</b> <sub>w</sub>	<b>CTDI</b> <sub>vol</sub>
			(mGy)	(mGy)
130	80	Abdomen	8	9.5
130	100	Abdomen	9	11.2
130	120	Abdomen	11	13.5
130	140	Abdomen	13	15.6
130	160	Chest	17	19.0
130	180	Chest	19	21.4
130	200	Chest	21	23.8
130	210	Pelvis	25	37.0
130	220	Pelvis	26	39.0

The  $\text{CTDI}_{\text{vol}}$  and  $\text{CTDI}_{\text{w}}$  values obtained from both techniques have been presented in Figures 2 and 3 for the head and body phantoms examinations.





Figure 3: Graphical representation of  $\text{CTDI}_{w}$  values for the body phantom examination

Table 8 has been used to present the percentage deviations of the CTDI values measured from the Ion Chamber technique to that measured from the Barracuda technique for the head phantom examination.

C. Representation of CTDI values from both Techniques

	Tuble 0. Deviations of CTDT values for head phantom at 150k vp and varying in is									
Varying	Barracuda	Ion Chamber	Barracuda	Ion Chamber	%	% Deviation				
mAs	CTDI <sub>w</sub> (mGy)	CTDI <sub>w</sub> (mGy)	CTDIvol (mGy)	CTDI <sub>vol</sub>	Deviation	(CTDI <sub>vol</sub> )				
				(mGy)	(CTDI <sub>w</sub> )					
140	17.60	17.73	32.90	32.24	4.16	3.50				
160	18.5	17.81	33.40	32.38	-1.19	1.58				
180	18.95	19.95	34.50	36.27	-5.26	-5.12				
200	20.44	21.08	37.20	38.33	-3.13	-3.03				
220	22.53	22.16	41.00	40.30	1.63	1.71				
240	24.55	24.38	44.60	44.33	0.69	0.61				
260	26.4	26.60	50.70	48.36	-0.74	4.62				
280	27.86	28.81	51.40	52.39	-3.42	-1.92				

Table 8: Deviations of CTDI values for head phantom at 130kVp and varying mAs

300	29.12	31.03	53.00	56.42	-6.56	-6.45
StDev.	4.3	4.8	8.1	8.6		

In analyzing the results for the CT head phantom examination, the minimum  $\text{CTDI}_{\text{vol}}$  deviation recorded between the two measurement devices and techniques was 0.61% when the scan protocol was set at fixed exposure parameter of 130kVp and tube current-time product of 240mAs. The maximum  $\text{CTDI}_{\text{vol}}$  deviation was also measured at -6.45% when the scan protocol for the CT head examination was set at a fixed exposure parameter and tube current-time product of 130kVp and 300mAs respectively. When the tube current-time products were varied between 140mAs to 300mAs, there were mean  $\text{CTDI}_{\text{vol}}$  of (42.3 ± 8.6) mGy and (42.1 ± 8.1) mGy for Barracuda and Ion Chamber techniques respectively with a mean deviation of 1.4 mGy between them.

In reference to the CTDI<sub>w</sub> for the CT head examination, there was a minimum CTDI<sub>w</sub> deviation of 0.69% at exposure parameter of 130kVp and tube current-time product of 240mAs between the two techniques. The maximum CTDI<sub>w</sub> deviation was also estimated at -6.56% between the techniques with scan protocol of 130kVp and 300mAs. With a fixed tube potential of 130kVp and varying tube current-time products from 140mAs to 300mAs, there were average CTDI<sub>w</sub> of (22.9  $\pm$  4.3) mGy and (23.3  $\pm$  4.8) mGy for Barracuda and Ion Chamber techniques respectively with a mean deviation of 0.67 mGy between them.

Results for the CT body phantom examination showed a minimum CTDI<sub>vol</sub> deviation of 0.85% between the two techniques when the tube potential and the tube currenttime product were set at 130kVp and 80mAs respectively for abdominal examination. When the scan protocol of tube potential and tube current-time product were set at 130kVp and 220mAs respectively for pelvis examination, the maximum CTDIvol deviation was estimated at 8.73%. With a tube potential of 130kVp and tube current-time product of 180mAs for a chest examination, an estimated  $\text{CTDI}_{\text{vol}}$  deviation of -6.47% was recorded between the two techniques. Varying the tube current-time products from 80mAs to 220mAs with a fixed tube potential of 130kVp for body (chest, abdomen, pelvis) phantom examination, the average  $\text{CTDI}_{\text{vol}}$  measured were (21.1  $\pm$  10.6) mGy and (20.7  $\pm$ 9.6) mGy for Barracuda and Ion Chamber techniques

respectively with an average deviation of 1.4 mGy between them.

For the CTDI<sub>w</sub> values of the body phantom, the minimum CTDIw deviation measured was 3.56% at scan protocol of 130kVp potential and 200mAs tube currenttime product for chest examination. The maximum deviation was also -9.53% which was recorded at 130kVp tube potential and tube current-time product of 220mAs for pelvis examination. When the tube potential of 130kVp and current-time product of 120mAs were set for abdomen examination, CTDI<sub>w</sub> deviation of 5.87% was estimated. With a fixed tube potential of 130kVp and varying the tube current-time product from 80mAs to 220mAs for the body (chest, abdomen, pelvis) examination, mean CTDIw measured were  $(16.6 \pm 6.7)$  mGy and  $(16.5 \pm 7.7)$  mGy for Barracuda and Ion Chamber techniques respectively with an average deviation of 1.0 mGy between them. Unlike some theoretically estimated CT dose softwares

like the CT – Expo software, the CT dose profiler which was connected with the Barracuda computes CT dose by the actual phantom measurements. Brix et al., [7] reported that with theoretically estimated CT dose software, the accuracy of the dose measurement may exceed  $\pm$  10 %.

The estimated CTDI values for the CT head and body phantoms from this study can be compared with study by Hasford et al. [8]. In their CT head and body phantom study, they compared CTDIvol from Ion Chamber technique with that displayed on the CT system console. At scan protocol of 120kVp and 150 mAs, they reported dose measurements of 44.3 mGy from the Ion Chamber technique with a corresponding console displayed value of 42.4 mGy for the head phantom examination at CTDIvol deviation of 4.5%. When scan protocol was set at 120 kVp and 100 mAs for pelvic examination in their study, the dose measured was 20.08 mGy against a console displayed value of 19.49 mGy which yielded a deviation of 3.1%. The measured doses for the head phantom examination can also be compared with a study by Inkoom et al. [9] for adult patients undergoing CT examination in six CT facilities. They reported a diagnostic reference levels (CTDI<sub>vol</sub>) of 39.0 - 58.6 mGy in their study. CTDI<sub>vol</sub> for tube current-time products from 140 - 200mAs and fixed tube potential of 130 kVp for this study is below the diagnostic reference level reported by Inkoom et al [9] but tube current-time products from 220 - 300 mAs for the head phantom examination with both techniques in this study can satisfactorily be compared with the diagnostic reference levels reported in Inkoom et al.[9]. When the measured and Console displayed CTDI<sub>w</sub> values were compared for the head phantom examinations at fixed kVp of 130, there were minimum and maximum deviations of 2.24% and 16.01% at 240 mAs and 180 mAs respectively between the Barracuda technique and displayed. The minimum and maximum CTDI<sub>w</sub> deviations between the Ion Chamber technique and the displayed were also 1.87% and 14.01% at 280 mAs and 160 mAs respectively. Again, there were minimum and maximum  $\text{CTDI}_{\text{vol}}$  deviations of 0.9% and 9.89% at 240 mAs and 300 mAs respectively between Barracuda and displayed, 1.35% and 4.99% at 180 mAs and 220 mAs respectively between the Ion Chamber Technique and Displayed.

Also, comparison of measured and displayed CTDIw for the body phantom examinations at 130kVp, yielded minimum and maximum deviations of 0.22% and 9.95% at 100 mAs and 200 mAs respectively between Barracuda and displayed and -0.67 and 15.85% at 210 mAs and 120 mAs respectively between the Ion Chamber technique and displayed. The minimum and maximum CTDI<sub>vol</sub> deviations were also -2.33% and 12.15% at 220 mAs and 180 mAs respectively between Barracuda technique and displayed, -1.28% and 9.82% at 160 mAs and 100 mAs respectively between Ion Chamber technique and displayed. Descamps et al., [10] estimated percentage deviations between measured and console displayed doses for new generation CT scanners. Findings from their study showed that measured doses  $(CTDI_{vol})$  for CT examinations could be as much as 32 -35% higher or lower than console displayed doses.

#### **IV. CONCLUSION**

The results of the study showed that  $\text{CTDI}_{w}$  and  $\text{CTDI}_{vol}$  have been successfully estimated using both devices and techniques described in the research methodology as stated in the study objectives. The  $\text{CTDI}_{w}$  and  $\text{CTDI}_{vol}$  estimations by the Ion Chamber technique were done by setting parameters such as the tube potential (130kVp), slice thickness (4mm and 5mm) and pitch factor (0.55 and 0.8) constant whiles varying the current-time

products from 80 – 300mAs to record charges for both head and body phantoms. Formalism from AAPM Report 96 (AAPM, 2008) to convert charges recorded to exposure and subsequently to CTDI values.

The  $\text{CTDI}_{\text{w}}$  and  $\text{CTDI}_{\text{vol}}$  estimations by the dose profiler probe were automatically generated by the Barracuda when the scan protocols that were used with the Ion Chamber technique were entered. The minimum and maximum deviations recorded from both techniques were estimated to be 0.69% and -6.56% respectively for  $\text{CTDI}_{\text{w}}$  and 0.61% and -6.45% for  $\text{CTDI}_{\text{vol}}$  for head phantom examination. These results were comparable to work done by other researches and was within acceptable ranges from existing CT literature.

Measurements for head phantom examination showed a minimum and maximum deviations of 3.56% and -9.53% respectively for  $\text{CTDI}_{w}$  and 0.85% and 8.73 for  $\text{CTDI}_{vol}$  for the head phantom examination. These results were also favourably comparable to values from other retrospective studies.

The results therefore showed that the PTW Ion Chamber validated the CTDI values obtained from the Barracuda technique. The Ion Chamber technique confirms the degree of confidence in the Barracuda for CT dose measurements. For routine clinical environment, any of the two devices or methods can be used adequately to give the needed dose information from the CT scanners. The concept of accuracy was not applicable in this study, since, there is a range of dose values acceptable from a CT scanner to yield quality of image with optimum diagnostic information.

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